

Inside RESEARCH

Welcome to the November 2018 edition of *Inside Research*

This newsletter is for Research Champions and non-research staff working at Leicester's Hospitals. We hope that you find the content informative and share it among your colleagues. Why? Because the evidence is clear that research active Trusts have better patient outcomes, so all staff have a part to play in ensuring that high quality research is delivered and we can live up to our mission statement of providing ***Caring at its Best***.

If you would like to provide feedback on the newsletter, please contact our Research Communications Manager, [Rachael Dowling](#) or call extension 4971.

Meet our research champions!

In this edition, we are going to share some of our new research champions with you. Keep an eye out for the Winter 2018 Together magazine, which will have an in-depth feature on the rapid access chest pain clinic team!



Celia Bloor, Helen Payne and Helen Gaunt from the Rapid Access Chest Pain clinic were nominated by Caroline Gardiner-Hill from Cardiac Research



James Wright receives his research champions certificate and badge from Sally Batham



Emma Tamayo and Yemi Onimarti from dermatology receive their research champion certificates



Research – it's everyone's business

Did you know that from January 2019, research will become part of the indicators for the Care Quality Commission's (CQC) monitoring and inspection programme of health organisations?

Under the NHS Constitution patients already have the right to information on opportunities to join in research relevant to their conditions. The new indicators will better recognise those trusts that are proactively working to ensure patients get the benefit of early access to medical interventions and are developing the most effective healthcare techniques.



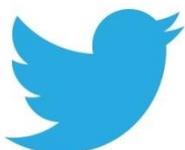
We will be updating you on how you can support us embed research across the hospital, through the Chief Executive's briefing, the hospital's monthly newsletter '*In The Know*', on Insite, and on our dedicated website www.leicestersresearch.nhs.uk

Meet the team and find out more about research!

Staff from the research and innovation service will be in the main reception at Glenfield Hospital on Friday 21 December between 11:30am and 2:00pm.

Come and ask us your research questions and collect some branded goodies! We will be sharing our stand with some fundraisers who will be selling samosas, so grab some lunch and say hello!

Follow us on Twitter



For all the latest news and updates, follow us on Twitter @LeicResearch. Don't forget to use the hashtag #ResearchChampion!

Leicester's Research in the news

New research could predict the growth of life-threatening aneurysms



Professor Matt Bown (pictured) at Glenfield is leading a study funded by the British Heart Foundation which seeks to identify genetic markers that might explain why some abdominal aortic aneurysms (AAAs) stay small and others grow rapidly, with the potential to rupture – often causing fatalities. [Read more here.](#)

This was covered on BBC East Midlands Today, ITV Central, BBC Radio Leicester and in the Leicester Mercury

Study proves reducing sitting time boosts office staff's work engagement and wellbeing



A team of researchers at the NIHR Leicester Biomedical Research Centre, led by Dr Charlotte Edwardson (pictured), investigated whether standing workstations and an education programme improved the health, wellbeing and productivity of office workers at Leicester's Hospitals. [Read more here.](#)

This story was covered by BBC News, Yahoo!, TIME magazine, Personnel Today and BBC Radio Leicester (among others).

Genetic tool to predict adult heart attack risk in childhood



A £40 genetic risk test developed by Professor Sir Nilesh Samani (pictured) and his team at Glenfield Hospital could help identify children at risk of having a heart attack in adulthood, paving the way for early intervention. [Read more here.](#)

Reported in the i newspaper, Telegraph online, Guardian online, BBC News Channel and Leicester Mercury (among others).

Kidney Symptom Questionnaire praised by national charity



The kidney lifestyle team, led by Professor Alice Smith (pictured) at the General has developed an innovative questionnaire to help shed light on the most common symptoms reported by patients with kidney disease. The questionnaire is now available for use by healthcare professionals and researchers. [Read more here.](#)

This story was reported in the Leicester Mercury and on BBC Radio Leicester.