

Inside RESEARCH

Welcome to the August 2018 edition of *Inside Research*

This newsletter is for Research Champions and non-research staff working at Leicester's Hospitals. We hope that you find the content informative and share it among your colleagues. Why? Because the evidence is clear that research active Trusts have better patient outcomes, so all staff have a part to play in ensuring that high quality research is delivered and we can live up to our mission statement of providing ***Caring at its Best.***

If you would like to provide feedback on the newsletter, please contact our Research Communications Manager, [Rachael Dowling](#) or call extension 4971.

Meet the Research and Innovation team

In each edition of the newsletter, we will introduce some of the key people in the Research and Innovation team and explain a little bit about their role.

Sharon Turner, R&I Administrator



“Hello, my name is Sharon. I provide administrative support for the R&I team and manage the team inbox. I am often the person you speak to when you first call the office! I help people sign up to researcher training and enjoy making sure your query is dealt with by the right person as soon as possible.”

Julie James, Monitoring and Training Manager



“Hello, my name is Julie. I manage the monitoring and training team. Our team provides training for staff who are working on clinical trials involving medicinal products (drugs or devices), and taking consent from patients to be involved in research.

We also support research teams to make sure they are conducting their research according to all the regulations set out in law and enforced by the regulatory bodies such as the Medicines and Healthcare products Regulatory Agency (MHRA).”

What is that?!

The structure of research in Leicester can be confusing, so to help you understand it better we will be focusing on one area at a time. In this edition, we look at the **NIHR/CRUK Experimental Cancer Medicine Centre (ECMC)**.

Leicester ECMC is based in the Clinical Sciences Building at the Royal. Its aim is to facilitate bench-to-bedside research, meaning that new anticancer drugs tested in the research laboratories can become available to patients faster. A crucial part of this process is conducting early phase trials with patients affected by cancer who attend our HOPE clinical trials facility.

One of only 18 adult centres in the UK, the ECMC is funded through investment in the ECMC Network made by the [National Institute for Health Research](#) (NIHR) and [Cancer Research UK](#).

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The centre is co-led by Professors Anne Thomas and Karen Brown.

To find out more about Leicester ECMC visit <http://www.ecmcnetwork.org.uk/leicester>

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To keep up to date with all the latest news from R&I, follow us on Twitter using the handle @LeicResearch.

In the news

Heart doctor awarded prestigious NIHR professorship

Professor Gerry McCann is just one of five medical researchers in the country to receive the £1.95 million award. The grant will be used to conduct further research into the use of MRI to study the early signs of heart failure in patients with type 2 diabetes.



[Read more...](#)

Leicester goes global to support chronic lung disease sufferers

Professor Sally Singh and her team will lead a £2 million NIHR-funded project to address patients with chronic lung disease in the developing world through pulmonary rehabilitation.



[Read more...](#)

New research shows women are unlikely to benefit from national AAA screening

Research co-authored by Professor Matt Bown and published in the Lancet has shown that only a very small number of women would benefit from participating in national screening programme for abdominal aortic aneurysm that is currently in place for men.

[Read more...](#)

Professors urge NHS to tackle diabetes “before it’s too late”

Professors Melanie Davies CBE and Kamlesh Khunti want the NHS to roll out structured education programmes to patients at risk, or who have, type 2 diabetes. Education programmes, such as *Healthier You* developed here in Leicester have been shown to be effective in improving health outcomes for patients in at risk groups.



[Read more...](#)

International Clinical Trials Day 2018

This year’s celebrations for International Clinical Trials (ICT) day on Wednesday 23 May were a resounding success! Thank you to everyone who came to visit our open afternoon and find out about some of the research happening in Leicester’s Hospitals.



As well as our open afternoon, we hosted a ‘**School Takeover**’ by Hazel Community Primary School. 60 year 4 pupils spent the morning learning how to ‘think scientifically’ through simple experiments and activities.



Our thanks go to all the research staff who went Above and Beyond to give all our visitors and unforgettable time.

[Read more...](#)

Why I’m a Research Champion

Hello, my name is Jenna and I’m a senior radiographer based at Glenfield. Most of my working day consists of scanning on MRI, usually looking at hearts.



We perform several MRI scans for research purposes and that’s how I became interested. I have a good understanding of the importance of research and I understand that future developments in healthcare rely on it. To play a part in that gives me a sense of pride.

I am always happy to approach patients who may be appropriate for research in the future.

If you would like to find out more about becoming a research champion, contact [Sally Batham](#) on x7558.